

Message from the President of SLSMA



It is with great pleasure that we present to you the much awaited 1st edition of the *Sri Lankan Journal of Sports and Exercise Medicine (SLJSEM)* at the inauguration ceremony of the 4th Scientific Sessions of the Sri Lanka Sports Medicine Association on 24th of November 2018.

This Journal will be a good opportunity and a great platform for all persons involved in Sports and Exercise Medicine, especially the MD trainees to publish their research work, case reports or any other interesting articles.

I am very thankful to our Editor, Dr. Chathuranga Ranasinghe for taking the initiative and for his commitment and tireless work in making the first edition of the *Sri Lankan Journal of Sports and Exercise Medicine* a reality.

My gratitude goes to all who contributed articles towards the first edition and hope it would be an encouragement for others to get their work published.

My best wishes for the success of the Journal and hope you enjoy reading it.

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